

AUDIT – C

Questions	Scoring System					Your score
	0	1	2	3	4	
How often do you have a drink containing alcohol?	Never	Monthly or less	2 - 4 times per month	Weekly 2 - 3 times per week	4+ times per week	
How many standard drinks do you drink on a typical day when you are drinking?	1-2	3-4	5-6	7-9	10+	
How often have you had six or more standard drinks on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	

Scoring

A total of 5+ indicates increasing or higher risk drinking.

An overall total score of 5 or above is AUDIT-C positive.

SCORE